

NAME: _____

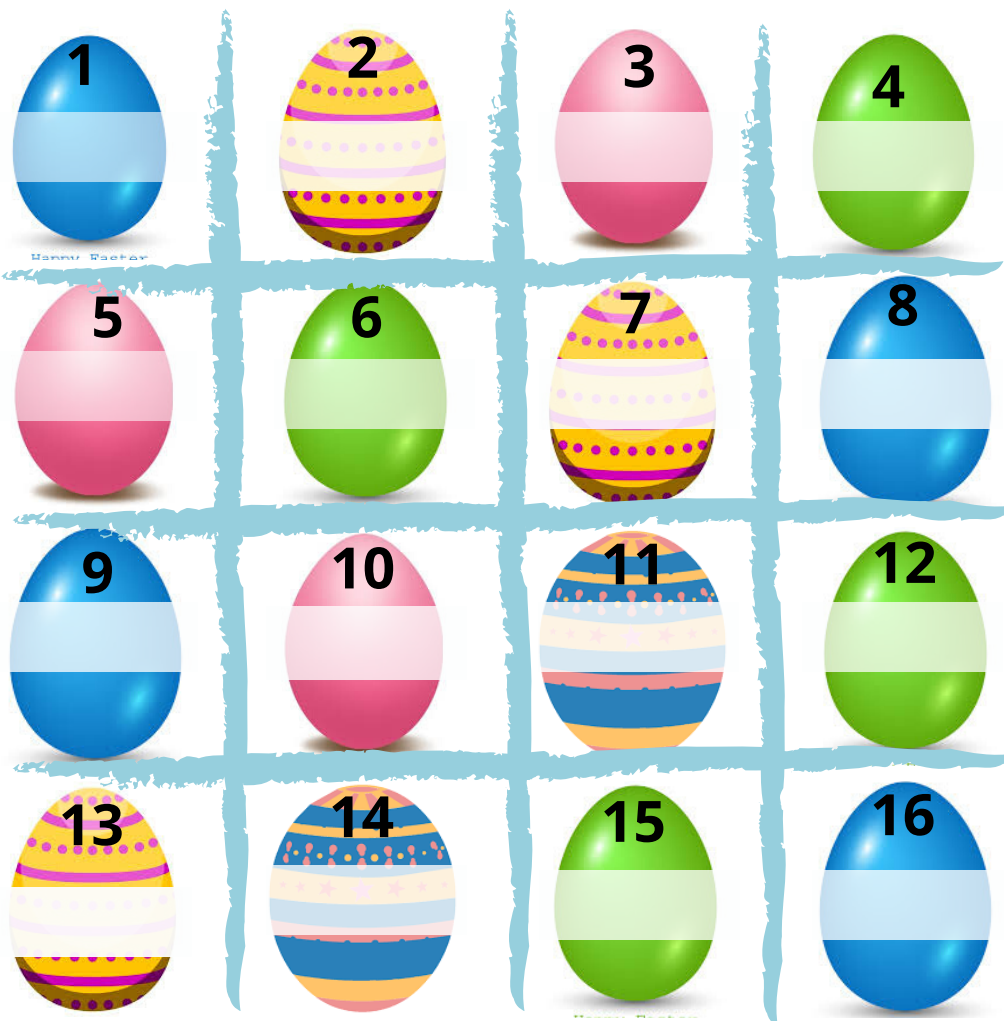


FITNESS EGG HUNT

We are so excited you and your family are joining AYF's Fitness Egg Hunt! If you're ready to play, remember to:

- Be safe
- Keep your distance from others
- Play at your own risk
- Stay out of restricted areas in parks
- Use your phone's camera to scan QR code. DON'T REMOVE EGG!!
- **DO THE EXERCISE** and write the activity on the egg

HAVE FUN



Once you have found all (or most) of the eggs, text a photo of your sheet to: